

Herefordshire Cross Country League 2006-2007
Race 2 High Vinnals 12th November 2006

WOMEN

Pos	Name	Club	Cat	Time
1	PENNY PRIEST	Ludlow Runners	FV35	23.3
2	SALLY BLISS	Hereford Couriers	FV35	24.08
3	NIKKI EDWARDS	Hereford Couriers	FV35	24.13
4	ALISON COOKE	Hereford Couriers	FV45	24.26
5	JAYNE LITTLEWOOD	Hereford Couriers	FV45	24.34
6	AMY CARWARDINE	Hereford Couriers	S.F.	25.13
7	BECKI ANSFIELD	Wye Valley Runners	S.F.	25.4
8	MANDY EVANS	Presteigne Pacers	FV40	25.59
9	SONIA GEORGE	Ludlow Runners	S.F.	26.02
10	ALEX LOOK	Wye Valley Runners	S.F.	26.17
11	KATHERINE WILKES	Wye Valley Runners	S.F.	26.25
12	ANN THORPE	Ludlow Runners	FV40	27.15
13	JULIE SUFF	Hereford Couriers	S.F.	27.17
14	NICKI INNES	Wye Valley Runners	FV40	27.21
15	SALLY LESTER	Hereford Couriers	FV35	27.44
16	BECKY DYER	Hereford Couriers	S.F.	28.12
17	GEMMA MORGAN	Ludlow Runners	S.F.	28.29
18	JOY MILES	Ludlow Runners	FV40	28.36
19	PHILIPPA DAY	Hereford Triathlon Club	S.F.	28.59
20	IZZY JONES	Wye Valley Runners	S.F.	29.19
21	DIANE JOHNSON	Hereford Couriers	FV40	29.48
22	GAIL COLLEY	Wye Valley Runners	FV40	30.39
23	RACHEL ROGERS	Hereford Triathlon Club	S.F.	30.48
24	R. HANCOCK-LASHLEY	Wye Valley Runners	FV40	31.11
25	CHRISTINE MOTTERAM	Wye Valley Runners	FV60	31.57
26	PAULINE TEAGUE	Wye Valley Runners	FV40	32.22
27	SUE PRETTY	Wye Valley Runners	FV50	32.45
28	CATH EDWARDS	Presteigne Pacers	FV40	33.05
29	KAY HARRIS	Hereford Triathlon Club	FV40	33.2
30	SUE WILLIAMS	Ludlow Runners	S.F.	33.49
31	KATH DRABBLE	Hereford Triathlon Club	FV35	34.19
32	ABIGAIL MAISEY	Hereford Triathlon Club	FV40	39.08

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MEN

Pos	Name	Club	Cat	Time
1	MATT JAMES	Hereford Couriers	S.M.	38.58
2	TIM CLARKE	Hereford Couriers	S.M.	38.59
3	MIKE FAWCETT	Wye Valley Runners	S.M.	39.52
4	CHRISTIAN JONES	Wye Valley Runners	S.M.	40.55
5	JOHN PULLEN	Wye Valley Runners	MV40	41.10
6	MATT ANSFIELD	Wye Valley Runners	S.M.	41.56
7	STACEY MORGAN	Croft Ambrey R.C.	S.M.	42.09
8	DAVE WILLIAMS	Hereford Couriers	MV40	42.28
9	MAX SUFF	Hereford Couriers	MV40	42.30
10	BILL LLOYD	Hereford Couriers	S.M.	43.13
11	MICK LIGEMA	Ludlow Runners	MV50	43.17
12	DAVE MOSS	Croft Ambrey R.C.	S.M.	43.21
13	NIGEL MISSELBROOK	Croft Ambrey R.C.	MV40	43.54
14	MARK PAVIOUR	Presteigne Pacers	MV40	44.00
15	STEVE HERINGTON	Hereford Couriers	MV55	44.04
16	STEVE LITTLEWOOD	Hereford Couriers	MV50	44.08
17	MARTIN CALLAGHAN	Ludlow Runners	S.M.	44.37
18	RICHARD WALL	Hereford Couriers	MV45	44.48
19	LUKE MASON	Wye Valley Runners	J.M.	44.51
20	GARY PEARSON	Croft Ambrey R.C.	S.M.	44.56
21	MARK DAVIES	Wye Valley Runners	S.M.	45.01
22	PAUL BOUSTON	Wye Valley Runners	S.M.	45.21
23	PATRICK PEARSON	Croft Ambrey R.C.	S.M.	45.36
24	CLIFF BERRY	Ledbury & D. Harriers	MV40	45.46
25	HOWARD ABEL	Ledbury & D. Harriers	MV40	46.04
26	EDWIN TRAYLOR	Presteigne Pacers	MV40	46.10
27	CHRIS LAW	Ledbury & D. Harriers	S.M.	46.20
28	STUART MORRISH	Hereford Couriers	S.M.	46.35
29	ANDY TAYLOR	Hereford Triathlon Club	S.M.	47.01
30	NEIL JONES	Wye Valley Runners	S.M.	47.08
31	DAVE GEORGE	Ludlow Runners	S.M.	47.17
32	IAN PRICE	Croft Ambrey R.C.	MV55	47.28
33	GUY WHITMARSH	Croft Ambrey R.C.	MV60	47.33
34	GARY LEWIS	Presteigne Pacers	S.M.	47.56
35	DAVE ROUSE	Croft Ambrey R.C.	S.M.	47.58
36	JOHN LYDEN	Ludlow Runners	MV50	47.58
37	CLIVE ROWBERRY	Hereford Couriers	MV50	48.27
38	LUKE BRADBURY	Wye Valley Runners	S.M.	48.43
39	A. SPREADBOROUGH	Ludlow Runners	MV45	49.02
40	PAUL ELLIOTT	Ludlow Runners	MV40	49.19
41	MARK ADAMS	Hereford Couriers	MV45	49.26
42	DAVE BLENKHARN	Ludlow Runners	MV45	49.48
43	ADAM KENNERLEY	Presteigne Pacers	MV40	49.52
44	JOHN MASON	Wye Valley Runners	MV50	50.14
45	MERVYN THOMAS	Wye Valley Runners	MV55	50.14
46	MARTIN SLACK	Hereford Couriers	S.M.	50.20
47	VINCE PLAYDON	Wye Valley Runners	S.M.	50.23
48	ROBIN BEREZA	Wye Valley Runners	MV55	50.26
49	PETER SMITH	Wye Valley Runners	MV55	50.43
50	DAVID HORNE	Ledbury & D. Harriers	MV45	50.45

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Pos	Name	Club	Cat	Time
51	DAREN LINCOLN	Croft Ambrey R.C.	S.M.	51.16
52	DAVE LLOYD	Presteigne Pacers	MV50	51.28
53	STEVE KING	Wye Valley Runners	S.M.	51.34
54	GARY GUNNER	Croft Ambrey R.C.	MV60	51.44
55	CRAIG WICKENS	Ludlow Runners	S.M.	51.49
56	MATT TAYLOR	Wye Valley Runners	S.M.	51.50
57	NICK JENKINS	Ledbury & D. Harriers	S.M.	51.56
58	KEVIN BARNES	Hereford Couriers	MV40	52.10
59	ROB GRIFFITHS	Wye Valley Runners	S.M.	52.12
60	HARRY FRANKLIN	Wye Valley Runners	MV70	52.24
61	ROB HEMBLADE	Wye Valley Runners	MV40	52.24
62	GRAHAM WOOD	Ludlow Runners	MV45	52.49
63	IAIN SMITH	Wye Valley Runners	MV45	53.07
64	MALCOLM EDWARDS	Wye Valley Runners	S.M.	54.17
65	RALPH LLOYD	Wye Valley Runners	MV40	54.57
66	TOM DAVIES	Croft Ambrey R.C.	MV55	55.05
67	BREANDON ROGERS	Presteigne Pacers	MV50	55.08
68	ANDREW NOBLE	Wye Valley Runners	MV40	57.07
69	MIKE SHAW	Wye Valley Runners	MV55	57.13
70	LES CHAMBERLAIN	Wye Valley Runners	MV55	57.25
71	GLYN JONES	Hereford Couriers	MV40	58.12
72	DAVE CAMERON	Wye Valley Runners	MV40	59.21
73	NIGEL DAVIDSON	Croft Ambrey R.C.	MV50	60.23
74	JAMES BRISBANE	Ludlow Runners	S.M.	62.04
75	CHRIS MORGAN	Ludlow Runners	MV50	62.04
76	GEOFF WAKEFORD	Presteigne Pacers	MV65	66.01
77	TONY HEWSON	Ludlow Runners	MV70	66.16
78	JASON STUCHBURY	Ludlow Runners	S.M.	67.13

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TEAM SCORES

WOMEN

Pos	Team	Race Scores	Series Points	Cumulative Points
1	HEREFORD COURIERS	9	10	20.00
2	LUDLOW RUNNERS	22	9	15.00
3	HEREFORD COURIERS 'B'	24	8	15.00
4	WYE VALLEY RUNNERS	28	7	16.00
5	HEREFORD COURIERS 'C'	52	6	6.00
6	WYE VALLEY RUNNERS 'B'	56	5	13.00
7	LUDLOW RUNNERS 'B'	65	4	4.00
8	HEREFORD TRIATHLON CLUB	71	3	8.00
9	WYE VALLEY RUNNERS 'C'	75	2	6.00

MEN

Pos	Team	Race Scores	Series Points	Cumulative Points
1	WYE VALLEY RUNNERS	18	10	20.00
2	HEREFORD COURIERS	20	9	18.00
3	CROFT AMBREY R.C.	52	8	16.00
4	HEREFORD COURIERS 'B'	59	7	13.00
5	WYE VALLEY RUNNERS 'B'	92	6	13.00
6	LUDLOW RUNNERS	95	5	8.00
7	PRESTEIGNE PACERS	117	4	9.00
8	CROFT AMBREY R.C. 'B'	123	3	4.00
9	LEDBURY & DISTRICT HARRIERS	126	2	4.00
10	HEREFORD COURIERS 'C'	152	1	1.00
11	WYE VALLEY RUNNERS 'C'	174		4.00
12	LUDLOW RUNNERS 'B'	176		
13	WYE VALLEY RUNNERS 'D'	206		
14	WYE VALLEY RUNNERS 'E'	243		
15	CROFT AMBREY 'C'	244		
16	WYE VALLEY RUNNERS 'F'	266		
17	LUDLOW RUNNERS 'C'	288		