

Herefordshire Cross Country League 2008-2009

<u>FINAL TEAM POSITIONS 2008/09</u>		<u>MEN</u>
<u>Pos</u>	<u>Team</u>	<u>Points</u>
1	WYE VALLEY RUNNERS	100
2	HEREFORD COURIERS	95
3	CROFT AMBREY R.C.	88
4	LEDBURY & DISTRICT HARRIERS	83
5	WYE VALLEY RUNNERS 'B'	79
6	HEREFORD COURIERS 'B'	73
7	LUDLOW RUNNERS	69
8=	HEREFORD TRIATHLON CLUB	53
8=	CROFT AMBREY R.C. 'B'	53
10=	PRESTEIGNE PACERS	49
10=	WYE VALLEY RUNNERS 'C'	49
12	HEREFORD COURIERS 'C'	41
13	WYE VALLEY RUNNERS 'D'	30
14=	RHAYADER A.C.	29
14=	LUDLOW RUNNERS 'B'	29
16	WYE VALLEY RUNNERS 'E'	16
17	HEREFORD COURIERS 'D'	7
18	CROFT AMBREY R.C. 'C'	5
<u>FINAL TEAM POSITIONS 2008/09</u>		<u>WOMEN</u>
<u>Pos</u>	<u>Team</u>	<u>Points</u>
1	HEREFORD COURIERS	50
2	CROFT AMBREY R.C.	41
3	HEREFORD TRIATHLON CLUB	28
4=	HEREFORD & COUNTY A.C.	27
4=	LUDLOW RUNNERS	27
6	WYE VALLEY RUNNERS	20
7	BUILTH & DISTRICT RUNNERS	12
8	LUDLOW RUNNERS 'B'	10
9	PRESTEIGNE PACERS	9
10	HEREFORD TRIATHLON CLUB 'B'	8
11	RHAYADER A.C.	4
12	WYE VALLEY RUNNERS 'C'	2
13	CROFT AMBREY R.C. 'B'	1