

Stanton Lacy Village Hall & Ludlow Runners

Proudly present the

2nd BENT-CLEES CHALLENGE

Sunday 17th August 2008

9.00 am (walkers) and 10.00 am (runners)

from Stanton Lacy Village Hall

Grid Reference 526805 O/S Sheet 217

26 miles and 13 miles events + fun walk

Prizes in all categories:

1st Male, 1st Male (Vet), 1st Male (50), 1st Male (60)
1st Female, 1st Female (Vet), 1st Female (40), 1st Female (50), 1st Female (60)

Parking & Registration: Stanton Lacy Village Hall (toilet/changing facilities)

NOTE: All entrants to follow signs for parking which will be approx. 500 metres from the Village Hall.

Advance/Affiliated entry fee: £10.00 (runners), £5.00 (walkers)

Entry on the day: £12.00 (runners), £6.00 (walkers)

(Breakfast Bap and Hot Food at the finish for runners, included in the price, available to walkers at a 'small cost'. Refreshment stops en-route.)

NB: The courses are not marked though marshals will be strategically positioned.

Fun Walk (approx. 3 miles) commencing 11am - £2.00 entry or £4.00 families

Please send completed entry form, with A5 small SAE and cheque payable to 'Stanton Lacy Village Hall' to:

B-CC, Dale View Cottage, Bull Ring, Hayton's Bent, Ludlow, SY8 2AX

For further information/instructions visit www.ludlowrunners.org or telephone Malcolm Young on 01584 823523

EVENT (please circle)

26 miles run 13 miles run 26 miles walk 13 miles walk

Name..... Club (if affiliated).....

Address.....

Post Code:..... Tel No (include code).....

Male/Female..... Date of birth (dd/mm/yy).....

(Runners must be 18 or over or be accompanied by a responsible adult).

I declare that I am medically fit to run/walk. I understand that I enter at my own risk and that the organisers will not be held responsible for any loss, injury or damage that may occur.(please sign).